

Welcome to After School Bounce!

If you are new to Planet Gymnastics' After School Bounce we are so glad to have you in our program this year. Little kids and big kids from previous years...WELCOME BACK!! Jennifer, myself, and the whole Planet Gymnastics staff are *thrilled* that we have the opportunity to work with your children again this school year. Our motto at Planet Gymnastics is "to make a difference in the life of your child", and that is exactly what we intend on doing. We ensure that the encouragement and care that your child will receive while in our care is of the highest standard.

Our objectives in being your after school provider:

- To offer a well rounded environment for children in the community grades K and up that is teachable, fun, and creative
- To provide an atmosphere that will assist parents with their child's after school concerns
- To supply the guidance and teaching that the children need as they transition from school to extracurriculars
- To assure an environment that is rich in individuality, team, and family
- To make sure the importance of school, home, and gym life are stressed as a healthy balance

Homework Assistance and Physical Activity

Homework assistance is our top priority in After School Bounce. We make it our mission to be effective in aiding your child with his/her homework. We will certainly do our best to make sure the majority of each child's homework is done on a daily basis. It is important to us that the homework is done correctly, and the children understand the material that is covered. In doing this we cannot guarantee that 100% of homework will be done every day, but we can ensure that what is done is correct. The Following schedule is designed to ensure the quality we offer is the best that there is:

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Daily Schedule:

- 3:00 – 3:30 Snack Time

The children will arrive from their school and will be given a nutritious snack and drink. They may also bring their own snacks or purchase one from our concession stand. During this time we will begin to organize your child's homework responsibilities for the day.

- 3:30 – 5:30 Homework and Gym Time

The children are split into 2 groups based on grade during this time. K, 1st, and 2nd graders are paired together as are 3rd, 4th, 5th, and 6th graders. 3:30 – 4:30 is the “big” kid's homework time and the “little” kid's gym time; at 4:30 they will switch. Monday we will look at each child's assignments for the week and set goals for ourselves. We are typically able to complete the majority of homework and reviewing of assignments every day. However, there are some things that need to be reviewed at home. Homework is a three-man game consisting of the parent, child, and homework helper.

- 5:30 – 6:00 Finalize Homework and Quiet Time

This time provides the child and the teacher time to oversee the accomplishments for the day. Homework that was not done will be finished during this time. There are board games, computer games, or individual activities can be done. The ASB objectives surround the idea that we are to teach children how to efficiently handle the transitions between school, extra-curriculars, and home.

The Rest of the Story

Through this awesome design we hope to assist in each child's individual development.

- **Intellectually** - by overseeing, assisting, and reinforcing what is taught in the classroom
- **Socially** – by providing a safe and morally upstanding facility to enhance friendships
- **Physically** – by teaching fine and gross motor skills
- **Emotionally** – by helping each individual gain greater self – confidence and a more positive self-image

Registration Requirements

1. Registration form completed and the annual registration fee of \$50 per child or \$80 per family
2. Sign and return a liability waiver
3. First months tuition of \$285 paid and bank draft form completed and returned

Tuition is set up for a monthly bank draft and includes:

- Transportation from the Oak Grove primary, lower, and upper schools and some Hattiesburg public schools.
- Snack, homework assistance, and gym time(excluding specialized classes)
 - Full Time is \$285 per month with a 20% sibling discount

Behavior

We do not expect that we will have any behavior problems because of the structure of the program. However, we are working with children and do expect that some adjustments, behaviors, and opinions will differ. A plan of action will be set to overcome these differences. When we experience these obstacles the following steps will be taken:

- First – discussing the unacceptable behavior with the child
- Second – Time out from activities, typically gym time, a minute for each year old
- Third – Notify the parents to open the discussion further

If an adjustment cannot be reached, the child will be dismissed from the program in the consideration of the safety and concerns of the other children and parents in the program.

All participants of the ASB program are to understand the following:

- It is a joy to have the opportunity to participate in the Planet Gymnastics program
- Respect for myself, teachers, friends, and instructors is a must
- Respect for the classroom, gym, and all surrounding areas are a must
- Following the rules are a must

Three rules for staff, students, and parents:

- Respect yourself and each individual
- Be sincere with yourself and each individual
- Find your goals as a team and have fun together

Summary of tuition cost:

- \$50 Annual Registration Fee (\$80 per family)
- \$285 tuition per month (siblings get a 20% discount)
- \$70 discount price per session to enroll in a recreational class
- \$12 for certain camp days

Picking Up

- Parents are required to sign the Sign-In/ Sign-Out sheets each day with no exceptions. If someone else is picking up the child they must be listed on the registration form. We were flexible on this process last year but it is imperative this year that each child be signed out daily. Sorry for any inconvenience.
- ASB closes promptly at 6:00 P.M.

